

#### HEADMASTER LLP

P.O. Box 6609, Helena, MT 59604-6609 625 Barney, Suite A, Helena, MT 59602 800-393-8664 – Fax: 406-442-3357 / www.hdmaster.com Email: hdmaster@hdmaster.com Innovative, quality technology Solutions throughout the United States since 1985.

# OKLAHOMA MEDICATION AND INSULIN INJECTION AIDE CANDIDATE HANDBOOK

**EFFECTIVE 09-01-2019** 

#### **CONTACT INFORMATION**

Questions regarding exam applications / exam scheduling / eligibility to test: Contact your Training Facility

- Applications to take the Medication or Insulin Injection Aide test
- Exam Dates & Location Options
- · Cancellations or Rescheduling
- Pre-exam Name or Address Changes

8:00 am to 6:00 pm M-F (Mountain Time)

Helena, MT 59604

- Questions about your Exam Results
- · Cancellations or Rescheduling

## Questions about Oklahoma Medication or Insulin Injection Aide

8:00 am to 5:00 pm M-F (Central Time)

Oklahoma State Department of Health (ODH) .......(405) 271-4085 or (800) 695-2157

1000 NE 10<sup>th</sup> Street Room 1111

- Oklahoma City, OK 73117-1299
  - Medication or Insulin Injection Aide Registry
  - State & Federal Regulations
  - Post-exam Name or Address Changes

# TABLE OF CONTENTS

| ntroduction   |   |
|---|---|
| Applying to take the Oklahoma Medication or Insulin Injection Aide test | 2 |
| Retaking Medication or Insulin Injection Aide Exam                      | 2 |
| The Knowledge Exam  | 2 |
| Knowledge Exam Content Outline  | 2 |
| Exam Day  | 2 |
| Testing Policy  | 3 |
| Testing PolicyReschedules/Cancellations/No Show Policies                | 3 |
| Security  |   |
| Exam Results  | 4 |
| Knowledge Practice Test   | 4 |
| Vocabulary List   |   |

#### INTRODUCTION

A Medication or Insulin Injection Aide competency evaluation program provides specific standards for Medication or Insulin Injection Aide related knowledge and skills. The purpose of a Medication or Insulin Injection Aide competency evaluation program is to ensure that candidates who are seeking to be Medication or Insulin Injection Aides understand these standards and can competently and safely perform the job of an entry-level Medication or Insulin Injection Aide. This handbook describes the process of taking the Medication or Insulin Injection Aide competency exam in Oklahoma and is designed to help prepare candidates for testing. There is a 50 question multiple-choice knowledge test that must be passed with a 70% or better for Medication Aide and an 80% for Insulin Injection to be eligible for placement on the Medication or Insulin Injection Aide registry in Oklahoma. Candidates must pass the exam and meet all requirements of the Oklahoma State Department of Health for Medication or Insulin Injection Aide certification in Oklahoma and to have his/her name placed on the Oklahoma Medication or Insulin Injection Aide Registry. Oklahoma has approved HEADMASTER, LLP to provide the certification examination and scoring services for Medication or Insulin Injection Aide examinations. For questions not answered in this handbook, please contact HEADMASTER toll free at 800-393-8664 or go to www.hdmaster.com. This handbook should be kept for future reference.

# APPLYING TO TAKE THE MEDICATION OR INSULIN INJECTION AIDE

#### **EXAM**

To apply to take the Oklahoma Medication or Insulin Injection Aide Exam, contact your Training Program or please contact Headmaster at 1-800-393-8664.

# RETAKING THE MEDICATION OR INSULIN INJECTION AIDE

#### EXAM

To apply to retake the Oklahoma Medication or Insulin Injection Aide Exam, please contact your Training Program.

#### THE KNOWLEDGE EXAM

The Knowledge Test Proctor will give instructions for taking the Knowledge Exam using a computer work station. You will have a maximum of fifty-five (55) minutes to complete the 50 question knowledge exam. You will be told when fifteen (15) minutes are left. You may not ask questions about the content of the knowledge exam (such as "What does this question mean?") You must have a score of 70% or better for the Medication Aide and 80% or better for the Insulin Injection Aide to pass the knowledge portion of the exam. Anyone who takes or tries to take materials or information from the testing room is subject to prosecution to the full extent of the law.

# **KNOWLEDGE EXAM CONTENT OUTLINE**

The Knowledge Exam consists of 50 multiple-choice questions. You must score at least a 70% in order to pass the Medication Aide and 80% or better for the Insulin Injection Aide Knowledge Exam. Questions are selected from subject areas based on the Oklahoma test plan and include questions from all the required categories as defined in OBRA regulations. The subject areas are as follows:

Six Rights of Medication Administration (4)
Allowable Routes (3)
Medication Administration (12)
Error Reporting (2)
Terminology (10)
Advanced Insulin Administration (0)

Affects of Medication on Body Systems (5)
Regulation of Controlled Substances (2)
Documentation (3)
Role/Responsibilities (7)
State Regulations (2)

#### EXAM DAY

- Nou should arrive at your confirmed test site between twenty and thirty (20-30) minutes before your exam is scheduled to start.
- You must bring a SIGNED, NON-EXPIRED, PHOTO ID (mandatory), a second signature ID and your \*Training Verification Form that you were given by your Trainer at the completion of the training program. You will not be admitted for testing if you do not bring proper ID and your Training Verification Form. Examples of accepted identification include a CURRENT (NOT EXPIRED), SIGNED AND DATE BEARING:
  - Driver's license
  - · State issued identification card
  - Passport
  - Alien registration card
  - Tribal identification card

- Social Security card
- · Credit card or Debit card
- 1st Aid or CPR card
- Hunting or fishing license
- when you take the exam at a computerized site you will answer your questions using a computer.

# TESTING POLICY \_\_\_\_\_

The following policies are observed at each test site:

- If you arrive late for your confirmed exam, do not bring appropriate ID,or do not have your Training Verification Form than you will not be admitted to the exam. You will be considered a NO SHOW and any exam fees paid will NOT be refunded. If you NO SHOW for your testing day you will have to repay your testing fees before being allowed to test again.
- © Cellular phones, smart watches, beepers, etc. or any other electronic devices are not permitted during testing and there is no place for storage of personal belongings.
- You are NOT permitted to bring personal belongings such as briefcases, large bags, study materials, extra books, or papers into the testing room. The only exception is a non-electronic language word-for-word translation dictionary that you must show to the knowledge test proctor before you start the knowledge exam.
- You may not take any notes or other materials from the testing room.
- You are not permitted to eat, drink, smoke or take a break during the exam.
- If you are discovered causing a disturbance of any kind or engaging in any kind of misconduct, you will be dismissed from the exam and reported to your training program and the Oklahoma State Department of Health.
- No visitors, guests, pets or children are allowed or will be provided for during testing.

# RESCHEDULE / CANCELLATION / No Show Policies

<u>Reschedules</u>— All candidates can reschedule 1 full business day before the test (excluding Saturdays, Sundays and Holidays) before your scheduled exam day. For example, if you are scheduled to take an exam on Saturday and you need to reschedule, you will need to notify Headmaster no later than 6pm Mountain Standard Time on the Thursday preceding your exam. **Reschedules will not be granted if requested outside of that time frame**.

<u>Cancellations</u>— Cancellation requests must be made within six (6) months of payment of testing fees with Headmaster. A request must be made *in writing* to cancel a test any time up until 1 business day preceding a scheduled test day, **excluding** Saturdays, Sundays, and Holidays, to qualify for a full refund of any testing fees paid, minus a \$25 cancellation fee. We accept faxed or emailed requests for cancellation.

No Shows-Candidates are considered a No Show for the following reasons:

- \*They are late to their exam or do not go at all
- \*They do not bring proper ID
- \*They do not bring their Training Verification Form

Candidates that NO SHOW for the scheduled exam will forfeit their test fee and MUST apply for a new exam date and pay another test fee.

No Show fees partially offset Headmaster costs incurred for services requested and resulting work that is performed.

If you No Show for any of the following reasons please provide the requested documentation to be considered for a free reschedule:

<u>Car breakdown</u>: A tow bill or other appropriate documentation must be submitted to Headmaster within 2 business days of the missed exam.

Medical emergency: A doctor's note must be submitted to Headmaster within 5 business days of the missed exam date.

Death in the family: An obituary for immediate family only. Must be submitted to Headmaster within 14 business days of the missed exam.

If the required documentation is not received within the specified time frame than the No Show will stand and the candidate will have to repay their testing fees.

#### SECURITY

Anyone who removes or tries to remove test material or information from the test site will be prosecuted to the full extent of the law, will be recorded as an exam failure, and will not be allowed to retest for a minimum period of six months. Study materials, other than this candidate handbook, may not be brought to the test site. If you give or receive help from anyone during testing, the exam will be stopped, your exam will be scored as a failed exam, you will be dismissed from the testing room, you will forfeit any testing fees paid, will have a NO SHOW status in our computer scoring system, and your name will be reported to the appropriate agency.

#### **EXAM RESULTS**

After you have completed the knowledge exam your exam results will be sent to the Oklahoma Department of Health. If you fail the exam, you must contact your training program about retaking the Medication or Insulin Injection Aide exam. If you fail a third attempt of the knowledge exam you must retrain before any additional testing attempts are allowed. Results are available after 6:00 pm mountain time the following business day. We do mail a test results letter via the United States Postal Service the same day exams are scored or you may securely access your results at <a href="https://www.hdmaster.com">www.hdmaster.com</a>

You may request an official re-scoring of your exam if you believe there has been a scoring error. Submit a detailed written request along with a \$25 test review fee. This request must be received by Headmaster within 10 days of the date the exam was taken. We will hand score and double check your exam based on the evidence you submit. If there is an error discovered your \$25 test review fee will be refunded.

## KNOWLEDGE PRACTICE EXAM

Available on our web site at <a href="www.hdmaster.com">www.hdmaster.com</a>, you may also purchase complete practice tests that are randomly generated, based on the Oklahoma Medication or Insulin Injection Aide test plan, and each practice test taken will be unique. A mastery learning testing method is used. This means candidates must get the question they are attempting correct before they may move onto the next question. A first attempt percentage score and vocabulary feedback are supplied upon completion of the practice test. A list of vocabulary words to study is provided at the end of each test. Single or discounted group purchase plans are available. Visit <a href="www.hdmaster.com">www.hdmaster.com</a> for more details.

#### OKLAHOMA MA KNOWLEDGE EXAM VOCABULARY WORDS STUDY LIST

absorption abuse ac

acetaminophen

acetaminophen(APAP)/hydrocodone

administering medication administration protocols

adverse effect

Advil

airborne precautions

Albuterol alcohol wipe allergic reactions

analgesic analgesics anaphylactic anaphylaxis anemia anorexia antacids antianginals antiarrhythmics antibiotic anticoagulants

anticonvulsants antiemetic

anti-emetic administration

antihistamines antihypertensives antiparkinsonian agents antipruritic antipsychotic antitussives

apical

applying anti-fungal cream

aspiration aspirin asthma astringents Ativan Axid

bacterial infections benztropine (Cogentin)

benztropine mesylate (Cogentin)

bid

bipolar disorder bleeding blood pressure bowel movement bradycardia broad spectrum bulk-forming laxative

c (with)

Calamine/diphenhydramine

capsule
cardiac drugs
cardiovascular
carisoprodol
catapres (clonidine)
central nervous system

certificate renewal certification process changing condition

cholesterol circulation Clonidine codeine Colace confidentiality

congestive heart failure

constipation contraindicated controlled substances coronary artery disease corticosteriod therapy

corticosteroids coumadin

crushing medications current information

Darvocet decongestant delegation dentists Depakote deterioration diabetes

diabetes mellitus

digitalis digoxin

Digoxin administration

Dilantin hyperpnea Nursing Drug Reference manual

discoloration hypertension discontinued medication hypoglycemia ointment

hypothyroidism diuretic Oklahoma Medication Aide

ibuprofen diuretics older adults ophthalmic medications

impactions diverticulitis documentation infections opthalmic optic dosage inflammation

dosage schedules oral antibiotic inhalants drowsiness injection site oral hypoglycemics drug abuse insect sting oral medications

drug dependence insulin oral preparations drug interactions intestinal Orinase drug metabolism iron sulfate orthopnea drug orders itching osteoarthritis Duo Derm osteoporosis IV duragesic OTC kidneys

dyspnea Lanoxin otic ear drops laryngeal otic medications edema Lasix OxyContin elixir **laxatives** parenteral

legally permitted to write Parkinson's disease emphysema

prescriptions Paxil empty stomach enteric coatings **levaguin** рс

enteric-coated tablets levothyroxine sodium (Synthroid) pediculicide estrogen Librium penicillin excretion Lipitor Percocet

exercise lisinopril peripheral vascular disease

expectorants lithium peristalsis expiration date pharmacists Lomotil

extrapyramidal symptoms (EPS) pharmacy label lorazepam

phenazopyridine (Pyridium) eve medications Lortab macular degeneration phenytoin sodium (Dilantin) eyes

malabsorption physicians facility policy

medication absorption physiological actions fast sugar

fever medication administration record placebo fiber medication aide's role pneumonia Flexeril medication calculation PO fluoxetine medication error potassium

Fosamax Potassium sparing diuretics medication inventory

furosemide medication names prednisone gastric mucosa medication order prescription label medication stability prescription refills gastrointestinal Metamucil prescription warnings glaucoma

glipizide (Glucotrol XL) priority of duties

alucometer Milk of Magnesia prn Glucotrol muscle relaxants PRN order Proventil gout myocardial infarction gtt naproxen (Naprosyn) providers narcotics Prozac

habit forming Halcion nebulizer psychotropic hallucinations needles pyorrhea hand washing neomycin sulfate q2h

heart rate nitrates qam hemoptysis nitrofurantoin (Furadantine) qd

herbal medications nitroglycerin QD administration

histamine nitroglycerine qid hives nonpharmacologic qod nose drops hs

rectal suppositories hyperglycemia **NSAIDs** rectal suppository hyperkalemia nurse practioners refuse medication

refusing medication reporting changes resident's rights rifampin

right resident route of medication routine medication

scabies

schedule V drug

scheduled medication lock box

scheduled narcotic

sedatives seizures sensory system

Seroquel

sharps container shock side effects

six rights of medication

administration skin disorder skin patches skin rashes skin tears sterility

storing medications

subcutaneous sublingual sublingually

Sulfonamides suppository

suspension of medications swallowing

symptoms
tablet disposal
tachycardia
Tagamet
Tegretol
tetracycline
tetracyclines
theophylline
therapy

Thiazide diuretics

tid

TID medications

tinnitis

topical medications

toxic

transdermal nitroglycerin patch Transderm-Nitro patches

Tylenol

unit does packaging unit dose packaging

universal/standard precautions

uric acid

urinary antibacterial vaginal medication valid prescriptions

Valium Vasotec vitals vomiting Xanax Zantac zestril Zoloft